

Please let me know status of scheduling for LP and for Botox Injections

Participants:  Brittany Castle, PA,  Nurse Megan C,  Stephanie C



You Jul 18, 2:01 PM

Brittany - these were approved again - the Botox injections. I sent the sheet to you previously that showed this but I haven't heard from your office to get me scheduled. Please have them schedule me for the botox injections and for the lumbar puncture.

If you are being guided or directed to not communicate by any third party or outside external influence that must be immediately disclosed. As I have been denied care system wide now by Norton with an unlawful decision, and also by Associates in Dermatology unexpectedly, system wide, I am deeply concerned that my remaining healthcare is also being interfered with....

Please schedule me for the injections and LP asap. Thank you.

John R. Fouts



Nurse Megan C Jul 22, 1:59 PM

Hello Mr. Fouts,

We have received your previous message with the Botox approval letter attached and have sent your request to get scheduled for injections again to that specific procedure scheduler at our clinic, they will reach out to you to make an appointment as soon as they can.

Ms. Castle has put in the order for the LP but all patients have to complete blood work before the LP can be scheduled and the blood work must have been done within 30 days of the LP appointment. It can be tricky but the orders for the blood work (I believe a CBC and PT/INR) are already in your MyChart so you can go to any UK lab at anytime and get those completed. As soon as they are done please message us and let us know so we can then message the LP procedure scheduler to reach out to you to get the LP scheduled.

So Ms. Castle is not able to make either of those appointments for you but it is all in the works and you can get your LP scheduled as soon as your blood work is completed. If you need to get your labs completed outside of a UK lab let us know and we can send the orders there, but it may take longer for us to get the

results and take longer to get scheduled, but we would do our best.

Thank you,
Megan, RN
KNI



You Jul 23, 4:32 PM

I have to know when the LP will be done prior to knowing when the blood work will need to be done. I will get the labs done - please fax me a lab order to 604.641.2805 (HIPAA Compliant) - that is my fax number - then I can take the order to a labcorp or quest diagnostics around here to have it done. Thank you for communicating. That is my personal fax number by the way - no one else has access.

John R. Fouts



Nurse Megan C Jul 28, 1:57 PM

Hello Mr. Fouts,

I checked with the Lumbar Puncture scheduler and the provider and they cannot schedule the LP until they have the labs completed. They need to view the results of the labs to determine if it is safe and appropriate to do the LP. We will get the labs faxed to you so you can complete them at the lab of your choice but make sure to have the results sent to UK so we will have them or have the results faxed to 859-257-3229 and then when we have them we will have our scheduler call you. Let us know if you have any other questions.

Thank you,
Megan, RN
KNI



You Jul 28, 3:05 PM

Okay - please let me know when you check them. I just had a bunch of blood drawn today - I was not even thinking about the LP because I was waiting to hear - I wonder why your message says 5:57 pm when it is 3:04 pm right now.



Nurse Megan C Aug 1, 1:25 PM

Hello Mr. Fouts,

You mentioned you completed your blood work a couple days ago, if it was not completed at a UK lab we will need it sent to UK so our provider can review it and then schedule your Lumbar Puncture appointment. We currently do not see any new blood work in your chart at UK. Can you have the facility you went to for lab work send it to us please? They can "powershare" the information with us (University of Kentucky) if they have that capability or our fax is: **859-257-3229**, let us know when this is sent and we will be watching for it, we know you wanted to get your LP scheduled as soon as possible. Thank you.

Take care,
Megan, RN
KNI



You Aug 4, 4:53 PM

There seems to be some confusion. I did not get INR labs etc because your office has not sent me the lab order. Please fax it to 604.641.2805 or upload it here in MyChart so I can address it.



Stephanie C Aug 5, 9:05 AM

**Mr Fouts,
What is the name of the facility where the LAB orders are to be faxed?**



You Aug 5, 7:40 PM

It is my personal fax number. I will print them, like I do all the time for many providers, and then take it to LabCorp or Quest. My fax number, again, is 604.641.2805.



Stephanie C Aug 8, 10:36 AM

**Mr Fouts,
Good Morning! Just checking on the status of the LABs and also on the recent imaging of the head, both required prior to scheduling the IR LP. It appears the last imaging results are from 8/23/2024. If so, these results are too old. The results have to be within the last 6 months. Let me know by responding in this msg...**



You Aug 14, 7:32 PM

you have not sent any lab orders in so there has been nothing for me to get. also, what kind of head imaging is necessary? I've asked repeatedly for imaging of my brain, stem regarding autonomic dysfunction, and for cerebral spinal fluid protocol brain MRI imaging without gadolinium contrast because I'm allergic to it. I'm going to ask you again. Please

send the lab orders to my fax number. That is my personal fax number that I provided above previously that was ignored and my request prior to that was also ignored for you to send the labs. My fax number is 604.641.2805. It is a HIPAA compliant fact that comes directly to me and only me. at this point, it seems more like your office is trying to delay me from having the LP rather than actually trying to get it moving.



You Aug 15, 6:47 PM

Dear Stephanie,

I am writing to reiterate that your office has still not sent me the lab orders necessary to complete the required testing before the LP can be scheduled. I have provided my HIPAA-compliant personal fax number multiple times: 604.641.2805. This number goes directly to me and is used regularly with other providers without issue.

At this time, I must clearly state that I cannot complete labs that I do not have access to. Your repeated requests for lab completion while withholding the lab orders appears obstructive and harmful.

Additionally, please clarify specifically what type of head imaging is required. If it is related to autonomic dysfunction or CSF analysis, I need it to be without gadolinium contrast due to allergy. I have made this request repeatedly, and it remains unanswered.

At this point, I am very concerned that your office is actively delaying necessary care rather than facilitating it. I am in dangerous territory medically and need your immediate cooperation to move forward with the IR LP.

As an ADA accommodation, I require all communication in writing via email or fax due to documented neurological and processing impairments.

Sincerely,
John Robert Fouts
DOB: 01/31/1979
Fax: 604.641.2805
Email: icreateupwardspirals@gmail.com
Archive of evidence: <https://archive.org/details/@jfouts1979>



Stephanie C Aug 21, 12:59 PM

Mr Fouts,
I have just emailed you proof for this information being faxed to your personal fax. Will you be able to use this information to get your LABs done? Also when was the most recent imaging of the head performed. The results can not be older than 6 months.



You Aug 21, 3:38 PM

Thank you - I appreciate you sending both the proof and the information - there is no record on the fax side that anything has been received by your offices - so it may be that my fax is now also being tampered with again but I hope not as my regular mail already remains heavily interfered with and tampered with.

Is there anyone related to your office that I can submit criminal activity to that will act on the information and actually report it to law enforcement? I need a criminal report/investigation to be opened so I can submit physical and criminal evidence, and now this record in mychart constitutes me asking directly please.

Last imaging - head - done - April 2025. It was an FDG-PET scan and not what you need most likely. It would make the most sense, in my opinion, to have the CSF protocol MRI done prior to having the lumbar puncture done - otherwise we do not get a point in time prior to changing the flow of CSF that may be contributing to the ongoing symptoms I am experiencing. I think Brittany Castle would agree, but check with her please.



You Aug 21, 3:38 PM

And if it is possible to do the 'brain stem' autonomic dysfunction imaging at the same time as the other CSF protocol that would be ideal. I can go on and get the bloodwork drawn here, and can come to Lexington to have imaging done as soon as possible. I have not stopped the blood thinners yet because it will be dangerous somewhat when I do and do not want to be off of them for any longer than necessary. I believe the last imaging standard 3T MRI was done in October 2024 and was ordered by Ms. Castle.

Can you schedule the imaging for next week? Can I get Botox injections at the same time that I am there for the imaging for my headaches? They do help but wear off somewhat quickly for me and I have been prevented from being able to get them on the most helpful schedule due to insurance obstruction and other obstruction/interference.

John R. Fouts



You Sep 4, 2:15 PM

This is another notice that it's been well over 48 hours once again to receive any response. It has been well over 10 days. I have still heard nothing back from your office. It is as if you are intentionally obstructing care. I have also not ever heard back from the Botox scheduling desk or scheduler for the headaches, and I remain in need of that procedure to help reduce headaches. what seems to be the issue for all of these

problems? why can I not get basic answers about if scheduling a imaging procedure for my brain can be done UK since UK is requiring it etc.? Why is there no two-way communication? Are you being directed to avoid communication or told to avoid coordinating care, or scheduling me? If so, by whom? If there is any external influence interfering with my care, that information must be disclosed to me under federal law, and that disclosure must occur immediately. I require all communication in writing due to ongoing disability issues. Please see doctor letter...ADA Accommodations Requirements Attached. Immediate response upon receipt is requested, and at a minimum, acknowledgement of receipt and answers to all questions, in writing. Also, since Ellen Kilgore in the EEO office at UK Clinic refuses to acknowledge or honor ADA or RFRA rights as does UK General Counsel, I am forced to enter here for each individual physician I see. Please see attached. RFRA info to follow later. Please keep ADA and RFRA info at front of file/record. John R. Fouts

1 attachment

 2025-09-02-Grounded-Serpent-Fouts ADA letter-Signed-Dr-Brown.pdf



You Sep 11, 1:43 AM

Hello,

I have now completed the CBC, INR, and PTT blood work as requested. Please confirm that these results have been received and reviewed.

I need to know immediately the status of:

Scheduling the lumbar puncture (LP).

Scheduling my approved Botox injections for headache management.

I have been waiting for weeks without updates, despite repeated outreach. At this point, further delay is medically unsafe. Please confirm receipt of this message and provide me with specific dates for both procedures. Written communication only, per my ADA accommodation.

It is noted already that the ongoing refusal to schedule both the lumbar puncture and Botox procedures in my case is highly unusual and inappropriate, and is consistent with the University of Kentucky's broader pattern of concealment and obstruction. This includes unlawful denials of ADA and RFRA accommodations, §1557 nondiscrimination protections, and repeated violations of the Kentucky Open Records Act as documented in recent correspondence from your legal and records offices. Your office is therefore on notice that these delays and refusals will be treated as direct participation in systemic violations of federal and state law, including discrimination, retaliation, and medical negligence. Immediate written confirmation and scheduling are required.

Thank you,
John R. Fouts

DOB: 01/31/1979



You Sep 11, 1:43 AM

Lab Results Attached

1 attachment



2025-09-10-CBC-INR-PTT-Upper-End-Normal-Range-WBC-Likely-Infected-MyQuest - Results.pdf



Please allow up to 72 business hours for a reply.

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